





Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Talk about the name of the month. Mark any special days on the calendar.	2 Today is Groundhog Day. Talk about what happens today and what it means.
3 Make a healthy snack together and talk about what you are doing.	4 Add food pictures to the scrapbook you made last month or make a new scrapbook. 	5 Talk about colours as you sort your laundry.	6 Play house with toy people, cars, house, furniture, etc.	7 Talk about animals in a book. What sound do they make, how many legs do they have, are they big or little?	8 Talk about the best thing that happened today.	9 Make pancakes together. Talk about the ingredients.
10 Talk about all the red things in the living room or the kitchen.	11 While in the bath, have your child identify his or her body parts as he or she is washed, rinsed, and dried. Make it fun!	12 Play "I Spy With My Little Eye."	13 Look through your cupboard and talk about what foods you eat hot and cold.	14 Colour a Valentine picture together. Or make a Valentine card for someone special.	15 Name all the healthy things a person can drink if they are thirsty. Ex. Water, milk, 100% juice. 	16 Count all the shoes, hats, or coats in the closet.
17 Cut out red pictures from a catalogue and make a collage.	18 Help your child find his or her biggest and smallest toys.	19 Talk about your child's favourite movie.	20 Talk about things that are up in the sky. 	21 Walk to the store and talk about what you will buy. On the way home, talk about what you bought.	22 Name all the things that you ride in.	23 Talk about all the square things in the bedroom.
24 While washing dishes, talk about things that are wet and dry.	25 While grocery shopping, ask your child to find the apples, oranges, bananas, and other fruits that you need.	26 Make a puppet and talk about the body parts. 	27 Play a shape matching game.	28 Sort a box of Smarties by colour and eat the red ones last!	29 Play school.	