








Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 Talk about the name of the month. Mark any special days on the calendar.</p>	<p>2 Learn a new nursery rhyme.</p> 	<p>3 Play "I Spy."</p>	<p>4 Visit the Public Library for storytime.</p>	<p>5 Make things with playdough. Use words like roll, push, long, etc. to describe actions or creations.</p>
<p>6 Play dress-up with old clothes. Talk about what different people wear. Ex. doctor, teacher, firefighter.</p>	<p>7 Talk about today's weather. Draw a picture.</p>	<p>8 Play "Peek-a-boo."</p>	<p>9 Practice the names of the days of the week. Have your child repeat you as you say each day.</p>	<p>10 Do a puzzle together.</p> 	<p>11 Build things with blocks.</p>	<p>12 Make a healthy snack then watch a favourite TV show or movie together. Later talk about the show or movie.</p>
<p>13 Visit the Discovery Centre.</p>	<p>14 On your way to the store, talk about what you will buy. On your way home, talk about what you bought. Did you forget anything?</p>	<p>15 Play Treasure Hunt. Hide a toy and give your child directions to find it.</p> 	<p>16 Add pictures of people to your child's scrapbook.</p>	<p>17 Clean and arrange a bookshelf according to size. Talk about which books are big, bigger, biggest.</p>	<p>18 Make a shape collage.</p>	<p>19 Play "Simon Says" emphasizing body parts.</p>
<p>20 Talk about all the things you can do with your hands. Ex. draw, paint, clap, wash, etc.</p>	<p>21 Talk about the things you use for cleaning. Ex. soap, pail, water, broom, etc.</p>	<p>22 Help your child draw a picture of a family member. Label the body parts as they are drawn.</p>	<p>23 Make a paper mask together using a brown paper bag. Talk about the features as you draw them. Use the masks to tell a story.</p>	<p>24 In the bathtub, ask your child to identify his or her body parts as they are washed, rinsed, and dried.</p>	<p>25 Talk about the different things that are hot and cold.</p> 	<p>26 When dressing your child, talk about what goes on first, second, third, last, etc.</p>
<p>27 Look at a book about animals.</p>	<p>28 Talk about all the square things you see in a room.</p> 	<p>29 Listen to a CD. Sing along with the songs.</p>	<p>30 Go for a walk and talk about things that are big and little.</p>			